

Ingredients

- 6 Roma tomatoes seeded and chopped
- 1 small white onion chopped
- 4 large jalapenos seeded (if desired) and chopped
- ½ cup cilantro chopped
- Fresh-squeezed juice of 2 limes (about a ¼ cup)
- 1 ¾ teaspoon Kosher salt

Instructions

1. Add the tomatoes, onion, jalapenos, cilantro, lime juice, and salt to a small mixing bowl and stir.
2. Allow to sit for 15-20 minutes before serving, or cover and refrigerate overnight. Serve and enjoy!

GALLO

1. **Chop** | Chop the tomatoes, jalapeños, onion, and cilantro and add it to a bowl.
2. **Squeeze** | Squeeze in fresh lime juice, add salt, and stir.
3. **Rest** | Allow the mix to rest 15 to 20 minutes before serving (or up to overnight)!



Real patient. Paid ambassador for Novo Nordisk.



See limitations of use under
What is the most important

